



1st Mondays

1st & 3rd Thursdays

Virtual 12:00-1:00 pm

In Person 6:30-8:00 pm

for adults living with a mental health condition (18+)



3rd Thursdays

In Person 3:00-4:30 pm

Burlington Public Library 166 Jefferson St. Burlington, WI for 13-19 year-olds to share their thoughts



2nd Wednesdays

In Person 6:00 - 7:00 pm

for people who have lost a loved one to suicide



4th Thursdays

In Person or Virtual 6:00 - 7:30 pm

for those who love someone with a mental health condition (18+)

Sexual Assault/Abuse

2nd & 4th Fridays

In Person 6:30 - 8:00 pm

for those who have experienced SA/A and want mental health support (18+)



Tuesdays

2nd & 4th Wednesdays **In Person** NOON - 1:00 pm

In Person 6:00 - 7:00 pm

Walworth CVSO

Veterans Outreach of Wisconsin 1624 Yout St. Racine, WI 53404

1910 County Road NN Elkhorn WI 53121

for veterans with a mental health concern

Unless otherwise specified, support groups take place at the NAMI Racine County office: 4701 Washington Ave., Suite 255, Racine, WI 53406 (East entrance facing Ohio St.)

More information, changes, or cancellations will be posted online: www.namiracinecounty.org/support. Contact ckadolph@namiracine.org to receive a Zoom link to attend virtual meetings.







#YouAreNotAloneRacine

262-637-0582 www.namiracinecounty.org/support

